



THRINGSTONE BAUBLE

The newsletter of the FRIENDS OF THRINGSTONE

Chairman: Nita Pearson B.E.M

Produced & delivered free of charge to all residents of Thringstone and parts of Whitwick.
Spring 2019 Issue No 53

Winners:

2009 NWLDC Partnership & Community Awards Footprint Challenge

2010 RCC (Leics & Rutland) Village Achievement Awards Gold for Cleaner/Greener & Silver for Community



2011 Queen's Award for Voluntary Service

2015 Keep Britain Tidy Jubilee Awards

Contact us on 01530 223434

Twitter @ Thringstone2

Facebook community group Friends of Thringstone

Welcome to the first Bauble of 2019. Shortly the 2000 spring bulbs we planted in October last year should be coming through to add colour to the village.

The Friends of Thringstone congratulate their chairman on her award of the British Empire Medal for service to the community of Thringstone in the Queen's New Years Honours List.

Coming to the Charles Booth Centre shortly

For further details on any of these, please contact the centre on 222337 or email them at hello@charlesboothcentre.org.uk

6 Nations Rugby – Starting with the Ireland v England match, come along to the centre on 23 Feb, and 9 and 16 March to watch the rugby and have a drink in convivial surroundings. Bar open from 4pm.

23 March – **Beer, Cider and Sausages** – lots of local ciders and beer to try, plus a variety of sausages will be available to both buy and taste. £15 a ticket which gives you 3 free drinks as a starter! 5pm start. Live music. You will be able to book on line shortly at

www.ticketsource.co.uk/charlesboothcentre.

7 April – **Daffodil run** – following on from the Santa Run in 2018, this 5 run gives you the chance to form a team or run on your own. Forms will shortly be available to download at www.charlesboothcentre.org.uk. £5 per runner.

As you may know, **Marie Curie** use the daffodil as their logo, so we are actively encouraging people to download a sponsor form from our website www.charlesboothcentre.org.uk and raise money by running the race for this charity. Anybody who has sponsorship of over £250 prior to the event will receive a free entry to the race.

20 April – the return of the **Easter Egg Hunt**. This free event will take children and their parents

through the village looking for Easter eggs. Get to the centre for 10am and go hunting.

4 May – **Spring Ball** – the chance for Thringstone to get dressed up. 7pm for 7.30pm start. £15 per ticket which will shortly be available to book from www.ticketsource.co.uk/charlesboothcentre.

Monthly Quiz nights – 4th Thursday in every month. £5 per person, teams of up to 6 people, maximum 10 teams. 7pm for 7.30pm. Bar will be open from 6.45pm. There is a form to download on the centre's facebook page to come along.

Like films? Charles Booth Centre runs a film club with a lot of up to date films being shown in 2019. This is run by volunteers and happens on the 2nd Tuesday every month with a starting time of 7pm for 7.30pm. As this is a club, all you have to do is buy a raffle ticket, and a drink, and then watch the film. All money raised goes to the centre. For a list of films, either contact us or the centre.

Like bingo? Charles Booth Centre has a monthly bingo on the 3rd Thursday of every month. Tickets on sale at 7:30 pm. A chance to win cash prizes and a raffle and also a jackpot game. Come along and give your support, as the profits go towards future events at the community centre.

New Slimming World group at Charles Booth Centre started on 26 Jan from 8.30am-10.30am. Just turn up if interested, or ring Carrie on 07875 739979.

Are you from a Thringstone family? - We are still able to help people with searches from the 1939 register, the banns lists from St Andrew's, and with some of the burial records from St Andrew's. Copies of anything supplied will cost £1. Please contact us if you need our help. **Want to join our group?** - Membership continues, for the 7th consecutive year, to be £3.50 per person. For

that you receive regular details on what is happening in the village, and have the opportunity to come to meetings and join in with our projects if you wish. Please contact us on 223434 if you are interested.

Publications

Old photos - We have a limited edition of mounted, but not framed, old photographs of the village available at £3.50 per photograph.

- The Old Rose and Crown as a 3 storey public house c 1900
- The Star Inn, Main Street circa 1906 complete with Burton Brewery signage
- Thringstone House Community Centre in the 1950s
- Ruby's fish and chip shop, The Green, 1949 (complete with national bunting and signage for mystery coach trip)
- Main Street near Star Inn, complete with horse and cart about 1953

Current Friends of Thringstone publications are:

- **Thrinksun Born an' Bred Parts 1 & 2** by Joan Brotherhood Blackey (£3 each)
- **Thringstone Born and Bred 3** by local poets (£2.50)
- **Thringstone Village Trails 1, 2 & 3** giving history of the area and a map (£2.50 each)
- **Memories of Thringstone, Parts 1 & 2** (£3.50 each)
- **Memories 3** (£2.50 each).
- **Memories 4** (£2.50 each)
- **St Andrew's Graveyard trail** detailing the lives of some interesting people (£1.50)
- **Scottish in Thringstone**—the story of people coming to the village in the 1960s. (£2.50 each)
- **Thringstone and Its People** – full of information on the history of the village from 1800 to about 1955 and the families who lived here. £6
- **Thringstone Around WW2** – the stories of 4 men. £2.50.
- **Memories of Durham Miners** – the story of miners who came to Thringstone in the 1960s. £2.50
- **Pubs in Thringstone** – a book telling the life stories of the landlords and landladies who worked and lived in Thringstone from 1840 onwards. A snip at £6.
- **Businesses in Thringstone** – a book recording the stories of people who owned businesses in the village. Only £6.

Discounts are available to people who wish to purchase a full set of any particular title e.g. Memories booklets and for those who want to

buy a pubs book and a businesses book together, there is a £2 discount, so 2 books for £10. Please ask us if this is of interest to you. Most publications are available at Thringstone Members Club and at Thringstone House Community Centre. You can also contact us via our website which is www.friends-of-thringstone.org.uk or ring us on 223434.

For information on our meetings, publications, work in the village or if you are interested in becoming a member, call us on 223434. You can also tweet us by using @Thringstone2, go to our facebook page, or you can email us via the website webmaster.thringstone@ntlworld.com

QUITTING SMOKING IS THE BEST THING YOU'LL EVER DO - Why do it? – Dr Vermani and Bedi's surgery

Smoking is the single biggest cause of cancer in the world. Its harmful chemicals can cause a number of cancers such as nose, mouth, throat, lung, liver, kidney, bowel, stomach, pancreas and bladder. It's also a significant cause of heart disease. It's never too late to stop, and your health will start improving straight away. **The good news** - This is what happens when you stop. Within 72 hours carbon monoxide will be eliminated from the body, oxygen levels are back to normal, and lungs start to clear out mucus and other smoking debris. There is no nicotine in the body. Breathing becomes easier, energy levels increase and ability to taste and smell is improved. During the following months circulation improves, coughs and breathing problems continue to decrease and lung function increases. After 1 year the risk of heart disease is about half that of a person who is still smoking. After 10 years the risk of lung cancer also falls to half that of someone who smokes. After 15 years the risk of heart attack becomes the same as someone who has never smoked. And then there's the cost. Someone who smokes the average 13 a day would save about £140 a month – a significant bonus! For help to quit, check out the NHS Smokefree website, or talk to your practice nurse or GP. There's a lot of support and advice available.

Thringstone Miners Welfare Social Centre

After years of outstanding service the treasurer of Thringstone Miners Welfare Social Centre will be stepping down from her post in the coming months.

The trustees of the Social Centre, a fabulous facility at the heart of our village, are looking for a new treasurer willing to help take their charity into an exciting new era which will see them expanding their sporting facilities and increasing usage. If you would be interested in volunteering as their treasurer, or in any other role - they're also always

on the lookout for new trustees - then please do contact Leon Spence, Chairman of Trustees, on 07828 194768 or by email at leon.spence@rocketmail.com

The Thringstone Bowling Club (located behind the Thringstone Members Club on Loughborough Road) will open in mid-April for the new 2019 season. Free coaching sessions, conducted by qualified coaches run every Tuesday evening, weather permitting, at 6.15pm. Children, over 10 years and adults who wish to have a go at outdoor bowls are welcome to join these coaching sessions. Families are especially welcome. For further information please contact David Bamford on 222475 or Dave Larkin on 07722 748327.